





JANUARY












2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 NEW YEAR'S DAY New Years Run/Walk 5/10km	2	3	4 Road Safety Race 5/10/21.1km	5
6	7	8	9	10	11 ACE Eersterust 5/10/21.1km	12
13	14 Time Trial 	15 Schools open	16	17	18 PWC George Claassen 5/10/21.1km 	19
20	21 Time Trial 	22	23	24	25 Wonderpark Akasia 5/10/21.1/42.2km	26
27	28 Time Trial and Wors Braai 	29	30	31		

FEBRUARY








2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1 Intercare Classic Road Race 5/10/21.1km 	2
3	4 Time Trial 	5	6	7	8 Bronkhorstspuit 5/10/32km 	9
10	11 Time Trial 	12	13	14	15 BestMed Tuks 5/10/21.1/42.2km 	16
17	18 Time Trial 	19	20	21	22	23 Pretoria Marathon 10/21.1/42.2km 
24	25 Time Trial and Wors Braai 	26	27	28	29 Medihelp Sunrise Monster 5/10/21.1/32km 	

MARCH









2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2	3 Time Trial "Welcome to PMC" Function 	4	5	6	7 BUCO Bobbies 3-in-1 5/10/21.1km	8
9	10 Time Trial 	11	12	13	14 Om-Die-Dorp 5/10/21.1km	15
16	17 Time Trial 	18	19	20 Schools close	21 HUMAN RIGHTS DAY Right To Run/Walk 5/10/21.1km	22
23	24 Time Trial 	25	26	27	28 Overkruin Kolonnade Road Race 5/15/32km	29 Kosmosdal Fun Run 5/8km
30	31 Time Trial and Wors Braai Schools open 					

APRIL



2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4 Ford Road Race 5/10/32km	5 JointEze Irene Ultra 5/21.1/48km
6	7 Time Trial 	8	9	10 GOOD FRIDAY	11 Run Against Drugs 5/10/21.1km Two Oceans 21/56km 	12
13 FAMILY DAY Family Day Run/Walk 5/10/21.1km	14 Time Trial 	15	16	17	18 Morula Half Marathon 5/10/21.1km Loskop Marathon 21.1/50km 	19
20	21 Time Trial 	22	23	24	25 Tshwane Half Marathon 5/10/21.1km	26
27 FREEDOM DAY McCarthy VW/Audi Love Run 5/10/21.1km	28 Time Trial and Wors Braai 	29	30			

MAY




2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 WORKERS DAY MiWay Wally Hayward 5/10/21.1/42.2km Chill Zone	2	3 Wings For Life World Run
4	5	6	7	8	9 Jackie Meckler 5/10/25km	10
11	12	13	14	15	16 Race of Hope 5/10/21.1km	17
18	19	20	21	22	23 Comrades Breakfast SuperSpar Skosana Legend Race 5/10/21.1km	24
25	26	27	28	29	30 Festival of Running 6/12/18km Relay	31

JUNE



2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2	3	4	5	6 Race of Faith 5/10/15km	7
8	9	10	11	12 Schools close	13	14 Comrades Marathon 87km 
15	16 YOUTH DAY	17	18	19	20 The Fara Winter Challenge 5/10km	21
22	23	24	25	26	27 Race of Friendship 5/10/21.1km	28
29	30					

JULY



2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4 Garsfontein Ice Breaker 5/10/21.1km	5
6	7 Schools open	8	9	10	11 After Comrades Breakfast Springbok Vasbyt 5/10/25km	12
13	14	15	16	17	18 Long Walk and Run to Freedom 5/10/21.1km	19
20	21	22	23	24	25 Zwartkop Road Race 4/6/10/21.1km	26
27	28	29	30	31		

AUGUST









2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1 Spar Women's Race 5/10km Fitness Test Run 5/10/21.1km	2
3	4	5	6	7	8 Castle Walk Road Race 5/10km	9 WOMEN'S DAY
10 PUBLIC HOLIDAY Cultivation Race 5/10km	11	12	13	14	15 Phobians Road Race 5/15km	16
17	18	19	20	21	22 SMU Half Marathon 5/10/21.1km Dawn to Dusk 100 miler	23
24	25	26	27	28 PMC Breakaway Weekend	29 PMC Breakaway Weekend Spirit of Flight 5/10km	30 PMC Breakaway Weekend
31						

SEPTEMBER










2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 Time Trial 	2	3	4	5 Brooklyn Road Race 5/10/21.1/32km 	6
7	8 Time Trial 	9	10	11	12 Muller Potgieter Memorial 5/10/21.1km	13
14	15 Time Trial 	16 Lester Mills Night Race 5/10km	17	18 Schools close	19 Morula Half Marathon 5/10/21.1km	20
21	22 Time Trial 	23	24 HERITAGE DAY Bophelong Half Marathon 5/10/21.1km	25	26 Irene Spring Race 5/10/21.1km National Business Challenge Relay 6*7/3*7 Relay	27
28	29 Time Trial and Wors Braai Schools open 	30				

OCTOBER





2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	<p>Time Trial</p> 		1	2	<p>3</p> <p>Chamberlain Capital Classic 5/10/21.1km</p> 	4
5	<p>6</p> <p>Time Trial</p> 	7	8	9	<p>10</p> <p>PMC Club Championships</p> <p>Jacaranda City Challenge 5/10/21.1/42.2km</p> 	11
12	<p>13</p> <p>Time Trial</p> 	14	15	16	<p>17</p> <p>CSIR Road Race 5/10/21.1km</p>	18
19	<p>20</p> <p>Time Trial</p> 	21	22	23	<p>24</p> <p>Green Mile 5/8/16 mile</p>	25
26	<p>27</p> <p>Time Trial and Wors Braai</p> 	28	29	30	<p>31</p> <p>CSI Irene Farm Race 5/10/21.1km</p>	

NOVEMBER




2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2	3 Time Trial 	4	5	6	7 Fara Summer Challenge 5/10/21.1km	8
9	10 Time Trial 	11	12	13	14 AGM / Year End Function 16h00 Tom Jenkins Challenge 5/10/21.1km 	15
16	17 Time Trial 	18	19	20	21 Voortrekker Monument Race 5/10/21.1km	22
23	24 Time Trial and Wors Braai 	25	26	27	28 BDS Race 5/10/21.1km	29
30						

DECEMBER



2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1 Time Trial 	2 Schools close	3	4	5 Skosana Road Race 5/10km	6 Mandela Walk & Run 5/10/21.1km
7	8 Lawley Street "Liggie" Run	9	10	11	12 The Combat Run 5/10/21.1km	13
14	15	16 DAY OF RECONCILIATION	17	18	19	20
21	22	23	24	25 CHRISTMAS DAY	26 DAY OF GOOD WILL	27
28	29	30	31 Old Year's Race 5/10km			