

KeyHealth

MEDICAL SCHEME



WWW.TRAILADVENTURE.CO.ZA

Headlamps or a
torch are compulsory

Date: 16 August 2017 Time: 7pm
Distance: 5km and 10km

OWL NIGHT RUN

Join us after for a yummy dinner and drinks
with family and friends at the club.

Venue: Irene Country Club
irenecc.co.za/
Address: Irene Country Club
1 Main Rd, Centurion


R75 pre entries
R100 on the day entries
FREE entry to all kids under 13
and R20 a medal
www.entrytime.co.za



TOMTOM 

**TRAN
QUINI**
POSITIVELY RELAXED

More info: www.trailadventure.co.za
Contact Shane: 0823329552

 TrailAdventureNightSeries
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