

VERSION 9

JANUARY League

DATE	EVENT	VENUE	CATEGORY	5	10	15/16	21/25	32	42	DISTANCE (KM)	CLUB	ORGANISER	CONTACT NO
Monday 2	New Years Run/Walk	Pretoria Botanical Gardens	R/W	x	x					5 & 10	Run Walk for Life Athletics	Daan du Toit	0825724169
Saturday 7	A4A Road Safety Race	Ecopark	R/W	06:45	06:30		06:30			5,10 & 21.1	Aerobics 4 All	Matome Lehomo Mandla Mvalo	0836275326 0722725858
Saturday 14	X ACE Road Race	Eersterust Sport Stadium	R/W	06:15	06:00		06:00			5,10 & 21KM	Athletics Club Eersterust	Roewyn Danster Gesten Rennie	0828042923 0824671588
Saturday 21	PWC George Claassen RR	Pick & Pay Hyper Faerie Glen	R	06:15	06:00		06:00			5,10 & 21.1	Pretoria Marathon Club	Bert van den Raad Pete van der Merwe	0829226817 0818440481
Saturday 21	PWC George Claassen RR	Pick & Pay Hyper Faerie Glen	W	06:15	05:30		05:30			5,10 & 21.1	Pretoria Marathon Club	Bert van den Raad Pete van der Merwe	0829226817 0818440481
Saturday 28	Wonderpark Akasia Road Race	Wonderpark Shopping Centre	R/W	06:15	06:00		05:30		05:30	5,10 21.1 & 42,2	Akasia Athletics Club	Tommy Breedt Pieter Luyt	0828077217 0842948070

FEBRUARY

DATE	EVENT	VENUE	CATEGORY	5	10	15/16	21/25	32	42	DISTANCE (KM)	CLUB	ORGANISER	CONTACT NO
Saturday 4	McCarthy Toyota Half Marathon & 10km Road Race	Rietondate Park, Pretoria	R/W	06:25	06:20		06:00			5,10 & 21.1	Magnolia Road Runners	Hank Beruidenhout Colin Billau	0832560241 0825738935
Saturday 11	X Bronkhorstspruit 32/10km	Hoërskool Erasmus	R/W	07:30	06:15			06:00		5,10 & 32	Bronkhorstspruit	Dankie Kruger	0828270065
Wednesday 15	Spar Lantern Night Race	Agricultural Research Council Irene	R/W	19:00	19:00					5 & 10	Race Office	Irene	0829512581
Saturday 18	Bested Tuks Race	Bestmed Athletics Stadium Univ of Pta	R/W	1KM 08:00	06:40		06:00			1,5,10 & 21.1	Tuks Athletics Club	Vollie Spies Jet Moses	0828216952 0722594282
Wednesday 22	Correctional Services 10km Nite Race	Kgosi Mampuru II DCS Sports Ground	R/W	18:15	18:00					5 & 10	Correctional Services Pta	Mabatalale Ntsehe Celia Kgokolo	0836508038 0731777973
Saturday 25	CANCELLED :Run the Race	Mall @ Reds	R/W	06:30	06:00		06:00			5,10@21	Run the Race	Tando Luyaba and Mxolisi Masango	0798966532 0828341393
Sunday 26	Pretoria Marathon	Hofmeyer Park, Lynnwood	R/W		06:20		06:00		06:00	10, 20/21.1 & 42.2	Phobians	Rayan Conway Graham Strangleman	0828558472 0762465185

MARCH

DATE	EVENT	VENUE	CATEGORY	5	8	10	15/16	21/25	32	42	DISTANCE (KM)	CLUB	ORGANISER	CONTACT NO
Saturday 4	Medihelp Sunrise Monster	Harlequin Club, Groenkloof	R/W	06:40		06:30			06:03		5,10 & 32	Harlequin Harriers	Geoff Hesse Piet Ackermann	0828964377 0823376809
Saturday 11	X Pretoria Bobbies Wonderboom Junction 3 in 1	Wonderboom Junction shopping centre	R/W	05:50		05:40		05:30			5,10 & 21,1	Pretoria Police Marathon Club	Carl Visage Dave Baker	0828532932 0829209064
Saturday 18	Budget Kolonnade Road Race	Kolonnade Shopping Centre	R/W	06:15		06:00		06:00			5,10 & 21,1	Overkruin Atletiek klub	Willie Engelbrecht Johan Kirsten	0813475353 0833245074
Tuesday 21	Right to Run/Walk	Sunnypark Shopping Centre	R/W	07:00		07:00		07:00			5,10 & 21,1	Arcadia	James Matshega Lizzy Malueka	0825661595
Saturday 25	Denel Road Race	Denel Irene Sports Terrain	R/W	06:15		06:00		06:00			5,10 & 21,1	Denel Athletics Club	Kierie vd Schyff Corrie Fourie	0828044803 0836292644
Sunday 26	Kosmosdal Fun Run	Kosmosdal Checkers Shopping Centre	R/W	06:30	06:30						5 & 8	Kosmosdal Athletic Club	Patrick Dudu	0734735999 0784169351

APRIL

DATE	EVENT	VENUE	CATEGORY	5	8	10	15/16	21/25	32	42	48	DISTANCE (KM)	CLUB	ORGANISER	CONTACT NO
Saturday 1	Autism 5+10km	Fountains Valley	R/W	07:15		07:00						5 & 10	Run Walk for Life Athletics & Mamelodi	Walter Vilakazi Daan du Toit	012 3274930 0825724169
Sunday 2	Modern Athlete Irene Ultra	Agricultural Research Council Irene	R/W		06:15			06:00			06:00	8 / 21,1/48	Irene	Race Office	0829512581
Saturday 8	Ford 3 in 1	Ford Motor Company Premises	R/W	06:45		06:30		06:30				5,10 & 21,1	Ford Athletics Club	Dan Nkoana Bernard Masango	0721717390 0788047388
Saturday 15	CANCELLED Cullinan Diamond Run	Cullinan Sport Centre	R/W	06:00		06:00						5 & 10	Mamelodi	Retha Ingenbleek Manny	0829010065 0828735897
Monday 17	Family Day Run/Walk	Lynnridge Mall	R/W	07:15		07:00		07:00				5,10 & 21,1	Run Walk for Life Athletics	Daan du Toit	0825724169
Saturday 22	Morula Half Marathon	Giant Stadium	R/W	06:45		06:30		06:30				5,10 & 21,1	Morula Athletic Club	Kagiso Raborife Vuyehwa Dilji	0712789901 0820511823
Thursday 27	CANCELLED Freedom Run	Temba Stadium	R/W	07:30		07:15		07:00				5,10 & 21,1	Addicted to Life	Karabo Motokoane Thabo Manyane	0820528534 0845864806
Saturday 29	X City of Tshwane Marathon	Silverton	R/W	06:45		06:30		06:30				5,10 & 21,1	AGN	Walter Vilakazi AGN Office	012 3274930 012 3274930

MAY

DATE	EVENT	VENUE	CATEGORY	5	10	15/16	21/25	32	42	DISTANCE (KM)	CLUB	ORGANISER	CONTACT NO
Monday 1	MiWay Wally Hayward Marathon	Lewende Woord Church	R/W	07:00	06:45		06:30		06:30	5,10,21.1 & 42.2	Alpha Centurion Runners & Walkers	Bert vd Raad Jorrie Jordaan	0829226817 0823764865
Saturday 6	X Jackie Mekler	Pretoria Military Sports Club	R/W	06:45	06:30		06:30			5,10 & 25	Pretoria Military Marathon Club	Jan Esau Richard Hammill	0713434504 0839863821
Sunday 7	Wings for Life World Run	Super Sports Park Centurion	R/W	13:00						None	Nedbank	Enoch Skosana Nick Bester	0828258001 0824542222
Saturday 13	The Love Run	Hatfield Christian Church	R/W	07:10	07:00		07:00			5,10 & 21,1	Love Running	Philip Sergeant Winnie Koekemoer	0832895270 0828250725
Saturday 20	Race of Hope	The Grove Mall	R/W	07:15	07:00		07:00			5,10 & 21,1	Run Walk for Life Athletics	Daan du Toit	0825724169
Saturday 27	Super Spar Hercules Skosana Legend Race	Super Spar Hercules @Moot Steer	R/W	07:00	07:00					5 & 10	Run Walk For Life	Enoch Skosana	0828258001

JUNE

DATE	EVENT	VENUE	CATEGORY	1.6	5	5.5	10	15/16	21/25	32	42	DISTANCE (KM)	CLUB	ORGANISER	CONTACT NO
Saturday 3	Race of Faith	Silver Dakes Crossing	R/W		07:15		07:00		07:00			5,10 & 21,1	Run Walk for Life Athletics	Daan du Toit	0825724169
Saturday 10	Nina Park Spar Run Against Drugs	Nina Park Complex Spar	R/W		07:15		07:00					5 & 10	Mamelodi Athletics Club	Gabriel Makola	0781694643
Friday 16	CANCELLED Youth Day Fun Walk/Run	Akasia Primary School	R/W		07:30	07:00		07:00				5,5,11&22	Aerobics 4 All	Matome Lehomo Mandla Mvalo	0836275326 0722725858
Saturday 24	Take 5 Team Relay	Air Force Base Waterkloof	R				3x5 08:00	5x5 08:00				15 & 25	Faranani	Event Office	0870970011

Saturday 24	x	Race for Friendship	Glenfair Boulevard, Cnr Lynnwood/Davenry Roads, Ly	R/W		07:15		07:00		07:00					5,10 & 21.1	Run Walk for Life Athletics	Daan du Toit	0825724169
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JULY

DATE		EVENT	VENUE	CATEGORY		5	10	15/16	21/25	32	42		DISTANCE(KM)	CLUB	ORGANISER	CONTACT NO
Saturday 1		Riana van Niekerk Runs & Walk for Bibles	Zwartkop High School	R/W		07:35	07:30		07:30				5,10 & 21.1	Alpha Centurion Runners & Walkers	Bert van den Raad Wynand Meiring	0829226817 0827282327
Saturday 8		Garsfontein Ice Breaker	Garsfontein Primary School	R/W		07:20	07:00		07:00				5,10 & 21.1	Wingate	Dalene Flynn Natascha de Jager	082502808 0716888024
Saturday 15		Afriforum Springbok Vasbyt	Voortrekker Monument	R/W		07:45	07:30		07:30				5,10 & 25	Voortrekker Monument Atletiekklub	Leon Bezuidenhout	071405588
Saturday 22	X	A4A Long Walk/Run to Freedom	Ecopark	R/W		06:45	06:30		06:30				5,10 & 21.1	Aerobics 4 All	Matome Lehomo Mandla Mvalo	0836275326 0722725858
Saturday 29		Gerreformeerde Kerk Wierdapark Road Race	Zwartkop Lapa Centurion	R/W		07:10	07:00		07:00				5,10 & 21.1	Denel Athletics Club	Kierie vd Schyff Jacques Marais Corrie Fourie	0828044803 0767597710 0836292644

AUGUST

DATE		EVENT	VENUE	CATEGORY		5	10	15/16	21/25	32	42		DISTANCE(KM)	CLUB	ORGANISER	CONTACT NO
Saturday 5		SPAR Women's Challenge	Supersport Park Centurion	R/W		14:00	14:00						5&10	AGN	AGN Office	012 3274930
Wednesday 9		Castle Walk Road Race	Castle Walk Shopping Centre	R/W		07:00	06:45						5 & 10	Fusion Sports	Hennelle Allan	0833739818 0833257779
Saturday 12		Wierie Road Race	Makro Centurion	RR & W		07:00	06:30		06:30			10 & 21.1	5,10 & 21.1	Denel	Hannelie Kotze	0833573212
Saturday 19	X	Romans Pizza Menorial Race	Pretoria Boys High School	R/W		07:10		06:50 W 07:00 R					5 & 15	Phobians	Graham Strangleman Dimitri Kavallineas	0762465185 0827733603
Saturday 26		Dawn to Dusk	Gerrit Maritz High School	R/W									100 Miller, 12 Hours	Akasia Athletics club	Gerrie Stydom	0829405453
Saturday 26		SMU Half Marathon	Sefako Makgatho Health Sciences University	R/W		07:15	07:00		07:00				5,10 & 21.1	Tshwane Athletic Club	Moses Lengweny Bustus Tuberia	0824264455 076535198
Wednesday 30		PvR Dorpsfees Night Race	Pierre van Ryneveld Gemeenskapskerk,	R/W		18:35	18:30						5&10	Pierre van Ryneveld Athletics Club	Natascha de Jager	716 888 024

SEPTEMBER

DATE		EVENT	VENUE	CATEGORY		5	10	15/16	21/25	32	42		DISTANCE(KM)	CLUB	ORGANISER	CONTACT NO
Saturday 2		Spirit of Flight	Air Force Base Swartkop	R/W		06:30	06:30						5 & 10	Pretoria Military Marathon Club (PMMC)	Jan Esau OB Sjaarni	0713434504 0729940636
Saturday 9	X	Addicted to Life	Voortrekker Monument	R/W		06:10	06:30		06:30				5,10 & 21.1	Voortrekker Monument Atletiekklub	Leon Bezuidenhout	071405588
Sunday 10		Jakaranda Fun Walk	Botanical Gardens	R/W		14:00	14:00	14:00					5,8 & 15	AGN	Walter Vilakazi AGN Office	012 3274930 012 3274930
Saturday 16		Andrew Greyling RR	Brooklyn Mall	R		06:30	06:10		06:00				5,10 & 21.1	Pretoria Marathon Club	Bert van den Raad Pete van der Merwe	0829226817 0818440481
Saturday 16		Andrew Greyling RR	Brooklyn Mall	W		06:30	06:00		06:00				5,10 & 21.1	Pretoria Marathon Club	Bert van den Raad Pete van der Merwe	0829226817 0818440481
Wednesday 20		Lester Mills Night race	Bestmed Athletics Stadium University of Pta	R/W		18:00	18:00						5 & 10	Tuks Athletics Club	Vollie Spies Jet Moses	0828216962 0722594282
Saturday 23		Bophelong Half Marathon	Bophelong Community Centre Mamelodi	R/W		06:10	06:00		06:00				5,10 & 21.1	Bophelong Athletics Club	Chegofatso Lewele Clement Ntallane	0769213333 082945827
Monday 25		The Combat Run	Gerotek	R/W		06:10	06:00		06:00				5,10 & 21.1	Titans Lifestyle AC & Anscoor AC	Thabiso Nakin George Dlangamanda	0828652398 0836682896
Saturday 30		Clover Irene Spring Race	Irene Village Mall	R/W		06:15	06:00		06:00				5,10 & 21.1	Irene	Race Office	0829512581
Saturday 30		National Business Challenge Relay	Rietondale Park, Pretoria	R/W					3x7 06:00		6x7 06:00		21 & 42.2	Magnolia Road Runners	Event Office	0870970011

OCTOBER

DATE		EVENT	VENUE	CATEGORY		5	10	15/16	21/25	32	42		DISTANCE(KM)	CLUB	ORGANISER	CONTACT NO
Saturday 7		Chamberlain Capital Classic	Phobians, Lynnwood	R/W		06:15	06:00		06:00				5,10 & 21.1	Phobians & Alpha Centurion	Bert van der Raad Dimitri Kavallineas	0829226817 0827733603
Wednesday 11		Correctional Services 10km Nite Race	Kgosi Mampuru II DCS Sports Ground	R/W		18:15	18:00						5 & 10	Correctional Services Pta	Mabatalale Ntsheni Celia Kgokolo	0836508038 073177973
Saturday 14	X	SABS Jacaranda City Challenge	SABS Grounds, Groenkloof	R/W		06:30	06:15		05:45		05:45		5,10,21.1 & 42.2	Agape	Marieta Bortoli Kobus Stander	0824667031 0826886897
Saturday 21		CSIR Race	CSIR Main Camput	R/W		06:05	06:00		06:00				5,10 & 21.1	CSIR Running Club	Tobago Mchethe Tobago Reid Gumedede	0722739440 0795288410
Saturday 28		King Price Irene Farm Race	Agricultural Research Council Irene	R/W		06:15	06:00		06:00				5,10 & 21.1	Irene	Race Office	0829512581

NOVEMBER

DATE		EVENT	VENUE	CATEGORY		5	10	15/16	21/25	32	42		DISTANCE(KM)	CLUB	ORGANISER	CONTACT NO
Saturday 4		BDS Freedom of Expression	Wonderpark Shopping Mall	R/W		06:15	06:00		06:00				5,10 & 21,1	Black Diamond	Baloyi S R Mmangwato Mabusela	0823622568 082384223
Saturday 11	X	Kolonnade Retail Park 20/21km	Kolonnade Retail Park Shopping Centre	R/W		06:05	06:00		06:00				5,10 & 20/21,1	Fit Pretoria Athletics Club	Alan Edmunds Bossie Boshoff	0833257779 083573232
Saturday 18		Tom Jenkins	Union Buildings	R/W		06:00	06:00		06:00				5,10 & 20/21,1	Arcadia	James Matshelga Lizzy Maluleka	0825661595 071405588
Saturday 25		Muller Potgieter	Thaba Tshwane	R/W		06:10	06:00		06:00				5,10 & 21.1	Voortrekker Monument	Leon Bezuidenhout	071405588

DECEMBER

DATE		EVENT	VENUE	CATEGORY		5	10	15/16	21/25	32	42		DISTANCE(KM)	CLUB	ORGANISER	CONTACT NO
Saturday 2		Babbas Lodge	Babbas Lodge	R/W		06:00	06:00						5 & 10	RunaVation	Allan Smith	0741980380 0828219836
Saturday 9		Nedbank Skosana Road Race	Kgosi Mampuru Prison Pta	R/W		06:00	06:00						5 & 10	Nedbank	Enoch Skosana	0828258001
Saturday 16		The Wonderful Run	The Forum Akasia	R/W		06:15	06:00		06:00				5,10 & 20/21,1	Wonderpark Athletic Club	Chabedi Tsatsi Sakky Sekgothe	0834804164 0827493689
Saturday 23		A4A Road Safety Race	Ecopark	R/W		06:45	06:30		06:30				5,10 & 20/21,1	Aerobics 4 All	Matome Lehomo Mandla Mvalo	0836275326 0722725858
Sunday 31		Old Year's Race	Rietondale Park	R/W		17:00	17:00						5 & 10	Arcadia Running Club	James Matshelga Lizzy Maluleka	0825661595